

Core Health Check

Our entry level health screen is a great starting point on the road to a healthier workplace.

Key Features

- A core set of 9 tests aimed at assessing key health risks
- Low cost and highly convenient, with tests carried out in the workplace
- Body Profile Tests to highlight fat levels, body water levels and bone mass
- Blood pressure check
- Cholesterol test to identify high risk of heart disease
- Lifestyle analysis and recommendations plus a Health Advice Line

Why Health Shield?

Our Health Screening service provides a range of tests to identify current health issues and highlight any future risks. Health screens are conducted in the workplace and a health screening practitioner will create an on-site private clinic which means that employees don't need to travel far for an appointment in the middle of a busy working day. We manage the whole screening process from start to finish making it as convenient as possible for both you and your employees.

At the start of each programme, employees are asked to complete a health and lifestyle questionnaire in advance of the screening to identify key concerns. Each employee is provided with a detailed results report including supportive advice based on his or her test outcomes. As an employer, you will receive a company health report that provides valuable insights about your workforce and can help shape your company's wellbeing strategy.¹

At Health Shield we pride ourselves on delivering a full health support service and we won't just leave employees to work out what their test results mean. We provide early notification of any critical results supported by a helpline open all year round.



Call our friendly
team on **01270 588555**
selecting option 2 for more information



Core Health Check

- Ideal for men and women aged 18–70
- 10–20 minute screening time
- £35 per employee²

		Tests
	Body Profile	Height, Weight and BMI
		Body Fat %
		Visceral Fat Test - <i>Abdomen fat</i>
		Metabolic Rate
		Hydration Test - <i>Water level in body</i>
		Bone Mass Assessment - <i>Not osteoporosis</i>
	Blood Profile	Total Cholesterol Test
		Blood Glucose - <i>Diabetes Test</i>
	Heart	Blood Pressure Test

¹Report available on a minimum of 25 employees having health assessments due to data protection and employees' right to remain anonymous.

²Minimum screening value must be £600 per day for on-site visits. Screening costs are not subject to VAT or Insurance Premium Tax.

Need a more comprehensive programme?
Try our Advanced or Premium Health Screen



Find out more at:

www.healthshield.co.uk

Find us on     



Health Shield Friendly Society Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. As part of our on-going quality control programme, calls may be monitored or recorded.

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